

# October 2024 | BES Breakfast



## Announcements:

Menu Subject to Change Without Notice.



All meals are offered the following for a balanced meal:  
Fresh and/or Canned Fruit

Choice of :  
Milk and Juice

Condiments Offered  
Jelly, Salsa, Syrup



Pre-K Menu Varies

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Ham and Eggs w/ Tortilla Chocolate Chip Muffin	<b>2</b> Breakfast on a Bun Mini Pancakes	<b>3</b> Morning Sausage Roll Glazed Donuts	<b>4</b> Assorted Cereal w/ Toast Pop Tart
<b>7</b> Chicken Biscuit Pancake and Sausage	<b>8</b> Breakfast Pizza French Toast Sticks	<b>9</b> Student Holiday Austin County Fair	<b>10</b> Student Holiday Austin County Fair	<b>11</b> Student Holiday Austin County Fair
<b>14</b> Sausage & Cheese Kolache Waffle Rounds	<b>15</b> Morning Sausage Roll Pancake on a Stick	<b>16</b> Yoplait Yogurt Cup w/ Graham Crackers Cinnamon Roll	<b>17</b> Scrambled Eggs w/ Hash brown Rounds Blueberry Muffin	<b>18</b> Assorted Cereal w/ Toast Pop Tart
<b>21</b> Chicken Biscuit Chocolate Chip Muffin	<b>22</b> Sausage, Egg and Cheese Biscuit Pop Tart	<b>23</b> Glazed Donut Holes Morning Sausage Roll	<b>24</b> French Toast Sticks Ham and Eggs w/ Tortilla	<b>25</b> Assorted Cereal w/ Toast Pop Tart
<b>28</b> Breakfast Pizza Breakfast Bun	<b>29</b> Morning Sausage Roll Cinnamon Roll	<b>30</b> Chicken Biscuit Waffle Rounds	<b>31</b> Yoplait Yogurt Cup w/ Graham Crackers Pancake on a Stick	 <p><b>Apples</b> Season in Texas: July-November Did you know? There are about 2,500 different kinds of apples grown in the United States</p> 



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Food and Nutrition Division  
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This product was funded by USDA. This institution is an equal opportunity provider.



Updated 6/6/2024  
National School Lunch Program