

Brazos ISD Local Wellness Policy – Triennial Assessment 05/10/2023

Responses	Campus	This district complies with federal requirements for reimbursable meals. For other foods and beverages sold to students during the school day, the District complies with the federal requirements for competitive foods otherwise known as Smart Snack standards or requirements	Fundraiser-The District complies with state rules adopted by the Texas Department of Agriculture (TDA) that allows an exemption to the smart snacks requirements for up to six days per year per campus when a food or beverages sold as a part of a District Fundraiser.	The District measures compliance with the nutrition guidelines by reviewing meal reimbursements submissions for the Child Nutrition Department to TDA. The district reviews items sold as part of approved District Fundraisers and monitors the types of foods and beverages made available to students during the school day
Response 1	BES	NOTHING GETS SOLD OTHER THAN WHAT THE CAFETERIA SALES	YES	FSD
Response 2	BMS	YES	YES	YES
Response 3	BHS	YES	YES	YES
Response 4	Admin FSD	YES	N/A	YES

Responses	Campus	GOAL: The District's food service staff, teachers, and other District personnel shall consistently promote health nutrition messages in cafeterias, classrooms, and other appropriate settings	GOAL: The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students	GOAL: The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors	GOAL: The District shall provide an environment that fosters safe, enjoyable and developmentally appropriate fitness activities for all students	GOAL: The District shall encourage students, parents, staff and community members to use the District's recreational facilities, such as tracks, playgrounds, and the like, that are available outside the school day	GOAL: The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe and comfortable
Response 1	<b>BES</b>	YES	YES	YES	YES	YES	YES
Response 2	<b>BMS</b>	YES	YES	YES	YES	YES	YES
Response 3	<b>BHS</b>	YES	YES	YES	YES	YES	YES
Response 4	<b>ADM FSD</b>	YES	YES	YES	YES	YES	YES



## Ten Essential Components of Local School Wellness Policy Checklist

This document outlines the ten required components of the local school wellness policy (LWP) as defined by the USDA final rule of 2016. Districts can use this checklist in conjunction with Healthier Generation’s Model Wellness Policy, to revise/update their LWP and ensure that it meets federal requirements. Healthier Generation’s Model Wellness Policy includes model language for the required components, as well as resources to support implementation.

Healthier Generation’s Model Wellness Policy rating scale

2 = Includes all required language

1 = Include some of the required language

0 = Include none of the required language includes model language for the required components, as well as resources to support implementation.

rating	required components	notes
2	The policy identifies one or more school district and/or school official(s) who have the authority and responsibility for ensuring that each school complies with the policy.	FFA (Local) page 3 states: SHAC coordinator, campus Principals, Food Service Director oversees the implementation
2	The policy includes language inviting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and review and update of the LWP.	FFA (Local) page 1 states: SHAC shall permit participation by parents, students, representatives of Food Service, PE, school health, members of Board, school administrators and members of the public to develop, implement and review guidelines and goals
2	The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP, and updates this information on an annual basis.	FFA (Local) page 3 states: Public Notification annually on the website copies of the wellness policy, plan and required implementation
2	The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public: <ul style="list-style-type: none"> <li>the extent to which schools comply with the LWP,</li> <li>the extent to which the LWP compares to model local school wellness policies, and</li> <li>the progress made in attaining the goals of the LWP</li> </ul>	FFA (Regulation) page 1 states: Evaluation will take place at least every three years and make available to the public the results of an assessment of the implementation of the District’s wellness policy



ten essential components of local school wellness policy checklist

rating	required components	notes
2	The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with Federal regulations for school meals and the Smart Snacks in School nutrition standards.	FFA (Regulation) page 3 states: Nutrition guidelines including the USDA's child nutrition programs, the National School Lunch Program and the School Breakfast Program promote student health and reduce childhood obesity
2	The policy includes standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties or classroom snacks brought by parents).	FFA (Regulation) page 4 states: The District will allow a parent or grandparent to provide a food product of his or choice for a student's birthday or at a school-designated function
2	The policy includes specific goals for nutrition education and promotion activities.	FFA (Regulation) page 6 states: Elementary PE teachers will provide nutrition education and Middle School Health teachers will provide nutrition education and effects of improper nutrition on body
2	The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.	FFA (Regulation) page 4 states: Nutrition promotion and advertisements meet the Smart Snacks standards
2	The policy includes specific goals for physical activity opportunities.	FFA (Regulation) page 6 and 7 states: Elementary 135 min per week, Middle School 4 semesters, and High School one semester
2	The policy includes specific goals for other school-based activities that promote student wellness.	FFA (Regulation) page 8 states: All campuses will allow at least 10 minutes for breakfast and 20 minutes to eat lunch from the time a student receives his/her meal and is seated

## SHAC Meeting

May 10, 2023

A SHAC Meeting will be held May 10, 2023 beginning at 4:30 in the Brazos Elementary Conference Room, 9814 Kibler St, Orchard, TX 77464

The subjects to be discussed or considered or upon which any formal action may be taken are listed below. Items do not have to be taken in the same order as shown on this meeting notice.

1. Discuss and act on Wellness Policy triennial assessment
2. Next Meeting – September 2023

SHAC Meeting Minutes  
May 10, 2023

Members in attendance include Amy Sodolak, Kimberly Etheridge, Stephanie Snedaker, Clay Hudgins, Sara Henderson and Sheila Moseley.

1. Amy Sodolak reviewed the Ten Essential Components of Local School Wellness Policy Checklist with the SHAC committee. All the required components are included in the current Wellness Policy. No changes were suggested at this time.
2. Sheila Moseley presented the Triennial Assessment completed by the campus administrators reflecting federal compliance and the assessment of the Goals as stated in the Brazos ISD Wellness Policy. All administrators were in agreement that the goals are being met on each campus. No changes were suggested at this time by the SHAC committee.
3. Next Meeting – September 2023