

8th Grade Health

2nd six weeks

WEEK: October 7-11

MONDAY 7th	TUESDAY 8th	WEDNESDAY 9th	THURSDAY 10th	FRIDAY 11th
<p>TEKS: 8.19D, 8.3A</p> <p>Objective: describe the difference between self-image and self-esteem; explain the importance of self-esteem; assess the characteristics of people with healthy and low self-esteem</p> <p>TLW: Class Discussion: Describe the traits of someone you think has healthy self-esteem (i.e., more likely to try new things, less likely to give in to peer pressure). How do you think these traits help this person in life?</p> <p>Assign Understanding Values Worksheet</p>	<p>TEKS: 8.19D, 8.3A</p> <p>Objective: assess the characteristics of people with healthy and low self-esteem; identify factors that influence self-esteem; and employ strategies for improving self-esteem.</p> <p>TLW: Journal Entry: Describe one time someone told you that you were bad at something, even though it turned out not to be true.</p> <p>Take Notes on PowerPoint Presentation</p>	<p>Fair Holiday</p>	<p>Fair Holiday</p>	<p>Fair Holiday</p>