

8th Grade Health

2nd six weeks

**WEEK:** October 28-November 1

MONDAY 28th	TUESDAY 29th	WEDNESDAY 30th	THURSDAY 31st	FRIDAY 1st
TLW: Review for Chapter 6&7 Test  Test on Monday	TLW:. Test Ch 6&7	TLW:. Define nutrition and describe how nutrients gives the body what it needs to grow and function	TLW:. interpret key concepts from the Dietary Guidelines for Americans and summarize recommendations from the MyPlate food guidance system	TLW:. interpret the information on Nutrition Facts and food labels; assess claims on food labels