

**8th Grade Health****1st six weeks****WEEK: August 26-August 30**

<b>MONDAY 26th</b>	<b>TUESDAY 27th</b>	<b>WEDNESDAY 28th</b>	<b>THURSDAY 29th</b>	<b>FRIDAY 30th</b>
TLW: review for Chapter 1 Test	TLW: Take Chapter 1 Test  After test, write 10 questions based on the following statement: "It's better to make a wrong decision than to make no decision at all."	TLW: explain the importance of taking responsibility for your health and wellness; use the decision-making process to solve problems and make healthy choices  Health 5.B, 5.C, 6.A	TLW: develop a plan to achieve short- and long-term SMART goals.  Rewrite generic goals into SMART Goals.  Health 5.B, 5.C	TLW: explain how to locate reliable sources of health information; use criteria to evaluate whether a source of health information is reliable  Notes over Health Literacy  Complete Health Information Challenge  Health 3A, 4B