

SHAC Meeting Minutes
November 9, 2022

A SHAC Meeting will be held November 9, 2022 beginning at 4:30 in the Brazos Elementary Conference Room, 9814 Kibler St, Orchard, TX 77464

The subjects to be discussed or considered or upon which any formal action may be taken are listed below. Items do not have to be taken in the same order as shown on this meeting notice.

1. Welcome new members: Amanda Muegge, Carlos Torres, Pabla Contreras, Denise Smith, Jennifer Young, Caitlyn Gurecky – members in attendance include Amy Sodolak, Kim Etheridge, Nita Sulak, Jennifer Jez, Amanda Sowa (online), Sarah Henderson, and Amanda Muegge
2. Old Business
 - a. Health TEKS – no opt in TEKS approved by School Board – after the survey was collected and the majority of the members decided not to allow the opt in TEKS, this was presented to the Board of Trustees in October 2022, and the Board agreed with the decision and no opt in TEKS were approved
 - b. Flu Clinic Complete by HEB – several staff and students at all 3 campuses were vaccinated
 - c. Dental Screenings by DSHS found 2 students in need of further examination by dentist – next school year the DSHS will screen the whole school
3. American Heart Association's Employee Wellness Program
 - a. District wide emails monthly – Amy Sodolak was contacted by Kellie Story with the American Heart Association for a free Employee Wellness Program that includes monthly emails with wellness resources, interactive health assessments and optional

challenges to engage and help employees live a longer, healthier life

- b. Go RED on Friday, February 24, 2023 – all employees are encouraged to wear red on this day in
4. Cold and Flu Season is here – remind message sent out on November 3, 2022 on tips to stay healthy and reduce the spread of infection
5. New Agenda Topics – Sarah Henderson suggested a community outreach on mental health and body image, maybe a community workout/nutrition program, also suggestions to have Narcan available for opioid overdose on campus
6. Next Meeting – February 15, 2022 at 4:30 pm