

6th Grade Physical Education Syllabus

Coach Calhoun

Course Length-Year

Class Textbook/ Materials- Uniforms will be provided by BMS, Uniforms will be washed at the school, students are not to take them home.

Units of Instruction:

Fitness/Wellness activities (Presidential Fitness training-spring and fall) Rhythmic activities (Jump rope, juggling line and Cone skills). Basketball, football and Track.

Objectives:

*Students will perform the skills necessary for successful participation in a variety of individual team sports.

*Students will demonstrate knowledge of rules and strategies for each unit of study.

*Students will follow basic class rules for participation, cooperation and teamwork.

Expectations:

1. Full respect for yourself and others
2. Be prepared and dressed every day.
3. Give your best effort every day.
4. Have fun and learn the fundamentals of becoming a healthy, active person.

Grading Procedures:

*Every day that you dress out and you participate, you will earn a 100.

* If you do not dress out, you will still participate and receive a 70.

* Grades will be posted weekly in Gradebook

